**Adopt-a-Legislator**

**Event/Activity Details**

**Length:** 30 minutes - 2 hours  
**Items Needed:**  
• Informational resources  
• Social media to engage with the legislators and to share the experience  
**Objective:** Participants will build deeper relationships with legislators from both non-ag and ag backgrounds, share information about agriculture, and describe the value of agriculture in your state.

**Implementation Ideas**

**Ways to bring this event/activity to life:**

**Capitol Meeting**  
Schedule a meeting with your legislator at the Capitol to thank them for their work and to share more about your involvement with agriculture. Bring informational resources and local agriculture products with you to leave with them.

**Event**  
Collaborate with your local Farm Bureau, 4-H club, or FFA chapter to host a legislator at a meeting or event. Think creatively on how you can engage them in the event or meeting as a speaker, judge, guest of honor, or attendee on a trip.

**Farm Tour**  
Bring the legislators to you! Invite one or more state legislators to visit local farms and ranches to celebrate Ag Day. Leave them with Ag Day materials.

**Timeline**

**Things to keep in mind:**

**Before**  
• Reach out to legislators to schedule a visit.  
• Prepare materials and talking points.  
• Review location and time of meeting.

**During**  
• Share your background and involvement in agriculture.  
• Ask questions to guide the conversation. Examples include: “What within agriculture do you want to know more about or have questions about?” and “How can I help you in being an advocate for agriculture?”

**After**  
• Send thank you notes to volunteers and special attendees.  
• Share a press release and a social media post about your Ag Day efforts.  
• Continue to invite legislators to future events and plan to visit them next time you are at the Capitol.

**Recommended Resources**

• Ag Day Flyer  
• Food and Farm Facts  
• More agriculture-related activities and resources at www.agfoundation.org/ag-lit-catalog